

DARTEN YMCA SMALL POOL SCHEDULE

MONDAY, NOVEMBER 28TH, 2016 - SUNDAY, MARCH 5, 2017

The Y will be open from 7am - 11:45am on 11 / 24 / 2016 Thanksgiving Day / Open from 7am - 2:45pm on 12 / 31 / 2016 New Year's Eve.

The Y will be closed on Christmas Eve 12 / 24 / 2016, Christmas Day 12 / 25 / 2016 & New Year's Day 01 / 01 / 2017

No Youth Classes (12 / 24 / 2016 - 1 / 2 / 2016), (0 2 / 16 / 2017 - 02 / 21 / 2017), (04 / 10 / 2016 - 04 / 15 / 2017)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	ADULT REC 5 AM - 8:30 AM	ADULT REC 5 AM - 8:30 AM	ADULT REC 5 AM - 8:30 AM	ADULT REC 5 AM - 8:30 AM	ADULT REC 5 AM - 8:30 AM	CLOSED	CLOSED
7:00 AM							
8:15 AM						ADULT REC 7 - 9 AM	ADULT REC 8 am - 1 pm
8:30 AM	HYDRO FIT PLUS 8:30 - 9:30 AM	HYDRO FIT PLUS 8:30 - 9:30 AM	HYDRO FIT PLUS 8:30 - 9:30 AM	HYDRO FIT PLUS 8:30 - 9:30 AM	HYDRO FIT PLUS 8:30 - 9:30 AM	LESSONS 9 AM - 1 PM	
9:00 AM							
9:15 AM							
9:30 AM	LESSONS 9:30 - 11 AM	LESSONS 9:30-10	LESSONS 9:30 - 11 AM	LESSONS 9:30 - 10	LESSONS 9:30-10	LESSONS 9:30-10	LESSONS 9 AM - 1 PM
10:00 AM		ALL AGE RECR: 9:30-10		ALL AGE RECR: 9:30-10	ALL AGE RECR: 9:30-10	ALL AGE RECR: 9:30-10	
		LESSONS 10 - 11 am		LESSONS 10 - 11 am	LESSONS 10 - 11 am	LESSONS 10 - 11 am	
11:00 AM	HYDRO FIT PLUS 11 - 12	HYDRO FIT PLUS 11 - 12	AQUA TAI CHI 11 - 12	WATER WORKS 11 - 12	WATER WORKS 11 - 12		
12 NOON	ADULT REC 12 - 1 PM	AQUA EXERCISE 12n - 1pm	ADULT REC 12 - 1 PM	AQUA EXERCISE 12n - 1pm	ADULT REC 12 - 1 PM		
1:00 PM	LESSONS 1 - 1:30 PM	LESSONS 1-1:30 PM	LESSONS 1-1:30 PM	LESSONS 1-1:30 PM	LESSONS 1-1:30 PM	Sp. Needs & Lessons 1 - 2 PM	ALL AGE RECR. 1 - 5 pm
1:30 PM	ALL AGE RECR. 1 - 1:30 PM	ALL AGE RECR. 1-1:30 PM	ALL AGE RECR. 1-1:30 PM	ALL AGE RECR. 1-1:30 PM	ALL AGE RECR. 1-1:30 PM		
1:30 PM	LESSONS 1:30 - 2 PM	LESSONS 1:30 - 2 PM	LESSONS 1:30 - 2 PM	LESSONS 1:30 - 2:30 PM	LESSONS 1:30 - 2 PM		
2:00 PM	LESSONS 2 - 2:30 pm	Ad. Rec. 2 - 2:30pm	LESSONS 2 - 2:30 pm	Ad. Rec. 2 - 2:30pm	LESSONS 2 - 2:30pm	LESSONS 2 - 2:30pm	ADULT REC 2 - 3 pm
2:30 PM	ADULT REC 2:30 - 3:30	ADULT REC 2:30 - 3:30	ADULT REC 2:30 - 3:30	ADULT REC 2:30 - 3:30	ADULT REC 2:30 - 3:30	ADULT REC 2:30 - 3:30	
3:00 PM							
3:30 PM	LESSONS 3:30- 4:15	LESSONS 3:30- 4:15	LESSONS 3:30- 4:15	LESSONS 3:30- 4:15	LESSONS 3:30- 4:15	LESSONS 3:30- 4:15	ALL AGE RECR. 3 - 6 PM
4:15 PM	LESSONS 4:15 - 5:30 PM	LESSONS 4:15 - 7:15 PM	LESSONS 4:15 - 5:30 PM	LESSONS 4:15 - 6:10 PM	LESSONS 4:15 - 6:10 PM		
5:15 PM							ADULT REC 5 - 5:45
5:30 PM	LESSONS 5:30-6:10PM	Kids Club 5:30 - 6 PM	LESSONS 5:30 - 6:15 PM	Kids Club 5:30 - 6 PM			
5:45 PM							
6:10 PM	ADULT REC 6:10 - 7 PM		SPECIAL NEEDS RECR. GROUP 6:15 - 7:15 pm	ADULT REC 6:10 - 7 PM	Fri. Night Sp. Nds. Group 6:10 - 6:45 pm	ADULT REC 6 - 6:45	PL CL. @ 5:45 PM
6:45 PM							
7:00 PM	ALL AGE REC 7 - 8 PM	ADULT REC 7:15 - 9:45	ADULT REC 7:15 - 9:45 PM	ALL AGE REC 7 - 8 PM	ALL AGE REC 6:45pm - 8:30 PM		PL CL. @ 6:45 PM
7:15 PM							
7:30 PM							
8:00 PM	ADULT REC 8 - 9:45			ADULT REC 8 - 9:45 PM	ADULT REC 8:30 - 9:45 PM		

9:45 PM

POOL CLOSSES @ 9:45 PM